



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Oatmeal Fruit Milk	6 Waffles Fruit Milk	7 WG Cereal	8 WW Toast	9 Misc. Toast/Cereal Fruit Milk
Baked Spinach Ziti Salad Fruit Milk	Chicken Teriyaki Brown Rice Broccoli Fruit Milk	Pesto Pasta Salad Cheese Beans Fruit Milk	Red Smothered Beef Burritos Calabacitas Fruit Milk	Bean & Cheese Tostadas Veggies Fruit Milk
Pretzels & String Cheese	Ritz w/ Cream Cheese & Fruit	Graham Crackers & Milk	Cheese Itz & Fruit	Leftover Fruit/Veg & Crackers
12 WW Pancakes Fruit Milk	13 Bagels & Cream Cheese Fruit Milk	14 Yogurt & Granola Fruit Milk	15 English Muffins Fruit Milk	16 Misc. Toast/Cereal Fruit Milk
Cheesy Potato & Broccoli Soup Bread Fruit Milk	Chicken Curry Baked Beans Green Beans Fruit Milk	Spinach Lasagna Salad Fruit Milk	Hamburger, Hashbrown Casserole Bread Peas Fruit Milk	Turkey & Veggie Wraps Chips Fruit Milk
Pub Mix & Fruit	Goldfish & Fruit	Chex Mix & Fruit	Granola Bars & Milk	Leftover Fruit/Veg & Crackers
19 WW Toast Fruit Milk	20 Sweet Br. Rice Fruit Milk	21 Raisin Bread Fruit Milk	22 Waffles Fruit Milk	23 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Broccoli Fruit Milk	Spaghetti & Meat Sauce Corn Fruit Milk	Veggie Stir Fry Tofu Brown Rice Fruit Milk	Chicken, Veggie & Rice Soup Crackers Fruit Milk	Sun Butter & Jelly Sandwiches Veggies Fruit Milk
Sun Butter & Jelly Roll-ups	Goldfish & Fruit	Yogurt & Fruit Smoothies	Wheat Thins & Fruit	Leftover Fruit/Veg & Crackers

