

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2 WW Toast Fruit Milk	3 WG Cereal Fruit Milk	4 Raisin Bread Fruit Milk	5 Malt o' Meal Fruit Milk	6 Misc. Toast/Cereal Fruit Milk
Baked Ziti Salad Fruit Milk	Chicken Alfredo Broccoli Fruit Milk	Stir Fry w Tofu Brown Rice Fruit Milk	Taco Salad Squash Fruit Milk	Turkey & Cheese WW Crackers Veggies Fruit Milk
Goldfish & Fruit	Graham Crackers & Milk	Fruit Yogurt Smoothie	Ritz Cream Cheese & Fruit	Leftover Fruit/Veg & Crackers
9 WW Pancakes Fruit Milk	10 Croissants Fruit Milk	11 WW Toast Fruit Milk	12 WG Cereal Fruit Milk	13 Misc. Toast/Cereal Fruit Milk
Frito Pie Corn Fruit Milk	Sweet & Sour Chicken Brown Rice Peppers & Onions Fruit Milk	Pesto Pasta Salad Cheese Cubes Fruit Milk	Shepherd's Pie Peas French Bread Fruit Milk	Bean & Cheese Tostadas Veggies Fruit Milk
Chex Mix & Fruit	Sun Butter & Apples	Fruit Yogurt Smoothie	Cheese Itz & Milk	Leftover Fruit/Veg & Crackers
16 Bagels & Cream Cheese Fruit Milk	17 WW Toast Fruit Milk	18 Oatmeal Fruit Milk	19 Waffles Fruit Milk	20 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Broccoli Fruit Milk	Chicken Fajitas Spanish Rice Flour Tortillas Fruit Milk	Spinach Lasagna Salad Fruit Milk	Sloppy Joes WW Buns Corn Fruit Milk	Pita Bread w Hummus Cheese Cubes Veggies Fruit Milk
Granola Bars & Milk	Pub Mix & Fruit	Pita Chips & Hummus	Club Crackers & Fruit	Leftover Fruit/Veg & Crackers
23 Yogurt & Granola Fruit Milk	24 English Muffins Fruit Milk	25 Cream of Wheat Fruit Milk	26 Waffles Fruit Milk	27 Misc. Toast/Cereal Fruit Milk
Black Bean & Veggie Burritos Fruit Milk	Chicken Curry Veg Beans Green Beans Triscuits Fruit Milk	Veggie Fried Rice w Tofu Fruit Milk	Beef & Mac Carrots Fruit Milk	Sun Butter & Jelly Sandwiches Veggies Fruit Milk
Animal Crackers & Milk	Gold Fish & Fruit	Bread Sticks & Marinara	Cucumbers & String Cheese	Leftover Fruit/Veg & Crackers
30 Turkey & Cheese Sandwich Fruit Milk	31 WW Toast Fruit Milk	1 WG Cereal Fruit Milk	2 Waffles Fruit Milk	3 Misc. Toast/Cereal Fruit Milk
Quinoa Veggie Chili Crackers Corn Fruit Milk	Green Chile Chicken Enchiladas Calabacitas Fruit Milk	Veggie Linguine Garlic Bread Fruit Milk	Swedish Meatballs over Brown Rice Peas Fruit Milk	Sun Butter & Jelly Sandwiches Fruit Veggies Milk
Sun Butter & Fruit Rollups	Spinach & Artichoke Squares	Cheese Itz & Fruit	Trail Mix & Fruit	Leftover Fruit/Veg & Crackers