

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 WW Toast Fruit Milk	6 Yogurt & Granola Fruit Milk	7 English Muffins Fruit Milk	8 Raisin Bread Fruit Milk	9 Misc. Toast/Cereal Fruit Milk
Baked Ziti Salad Fruit Milk	Beef Stroganoff Carrots Fruit Milk	Quinoa Salad Cheese Cubes Triscuits Fruit Milk	Chicken Curry Veg. Beans Green Beans Fruit Milk	Sun Butter & Jelly Sandwiches Veggies Fruit Milk
Graham Crackers & Milk	Cheeze Itz & Fruit	Chex Mix & Fruit	Pub Mix & Milk	Leftover Fruit/Veg & Crackers
12 Turkey Bacon Sand Fruit Milk	13 Cream of Wheat Fruit Milk	14 Blueberry Bread Fruit Milk	15 Toast Fruit Milk	16 Misc. Toast/Cereal Fruit Milk
Br. Rice & Black Beans Cheese Cubes Carrots Fruit Milk	Sloppy Joes WW Bread Corn Fruit Milk	Pesto Pasta Salad Cheese Cubes Fruit Milk	Chicken & Rice Broccoli Bake Fruit Milk	Bean & Cheese Burritos Veggies Fruit Milk
Corn Bread & Milk	Gold Fish & Fruit	Yogurt & Fruit Smoothie	Ritz & Fruit	Leftover Fruit/Veg & Crackers
19 Croissants Fruit Milk	20 Cereal Fruit Milk	21 Waffles Fruit Milk	22 Banana Bread Fruit Milk	23 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Broccoli Fruit Milk	Beef Fajitas Pinto Beans Flour Tortillas Fruit Milk	Tofu Stir Fry Br. Rice Fruit Milk	Chicken Caesar Salad French Bread Fruit Milk	Pita Bread & Hummus Veggies Fruit Milk
Trail Mix	Pretzels & String Cheese	Sunbutter & Apples	Animal Crackers & Milk	Leftover Fruit/Veg & Crackers
26 Bagels & Cream Cheese Fruit Milk	27 Oatmeal Fruit Milk	28 WG Cereal Fruit Milk	29 WW Toast Fruit Milk	30 Misc. Toast/Cereal Fruit Milk
Grilled Cheese & Tomato Soup Fruit Milk	Spaghetti w/ Meat Sauce Salad Fruit Milk	Greek Salad Black Beans Pita Bread Fruit Milk	Cheesy Chicken Baked Burrito Zucchini Fruit Milk	Cheese Quesadillas Pinto Beans Veggies Fruit Milk
Club Crackers & Fruit	Cheese Itz & Fruit	Granola Bars & Milk	Pita Chips & Hummus	Leftover Fruit/Veg & Crackers

