



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Cereal Fruit Milk	2 Waffles Fruit Milk	3 WW Toast Fruit Milk	4 Raisin Toast Fruit Milk	5 Misc. Toast/Cereal Fruit Milk
Spinach Lasagna Salad Garlic Bread Fruit Milk	Bean, Rice & Beef Burrito Bowls Zucchini Garnish Fruit Milk	Veggie Sir Fry Tofu Brown Rice Fruit Milk	WW BBQ Chicken Sandwiches Corn Fruit Milk	Bean & Cheese Quesadillas Veggies Fruit Milk
Goldfish & Fruit	Cucumbers & String Cheese	Graham Crackers & Milk	Pub Mix & Fruit	Leftover Fruit/Veg & Crackers
8 Bagels & Cream Cheese Fruit Milk	9 WW Toast Fruit Milk	10 Smothered Hash Browns Fruit Milk	11 English Muffins Fruit Milk	12 Misc. Toast/Cereal Fruit Milk
Beans & Br Rice Cheese Cubes Carrots Fruit Milk	Chicken Alfredo Broccoli Fruit Milk	Veggie Quinoa Chili Corn Bread Fruit Milk	Shepherd's Pie Peas French Bread Fruit Milk	WW Sun Butter & Jelly Sandwiches Veggies Fruit Milk
Yogurt & Fruit Smoothies	Goldfish & Fruit	Chex Mix & Fruit	Trail Mix & Milk	Leftover Fruit/Veg & Crackers
15 WW Pancakes Fruit Milk	16 Croissants Fruit Milk	17 WG Cereal Fruit Milk	18 Banana Bread Fruit Milk	19 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Broccoli Fruit Milk	Tilapia Brown Rice Salad Fruit Milk	Cece Soup Cheese Sauteed Zucchini Fruit Milk	Chicken & Veggies Biscuits Fruit Milk	WW Cheese Pizza Veggies Fruit Milk
Bread Sticks & Marinara	Cheese Itz & Fruit	Cinnamon Nachos & Yogurt	Ritz & Fruit	Leftover Fruit/Veg & Crackers
22 WW Toast Fruit Milk	23 WG Cereal Fruit Milk	24 Breakfast Bake Fruit Milk	25 Cram of Wheat Fruit Milk	26 Misc. Toast/Cereal Fruit Milk
Veggie Frito Pie Corn Fruit Milk	Mac & Beef Carrots Fruit Milk	Red Cheese Encihladas Pinto Beans Calabacitas Fruit Milk	Orange Chicken Brown Rice Broccoli Fruit Milk	WW Pita Bread Hummus Veggies Fruit Milk
Pita Chips & Hummus	Wheat Thins & Fruit	Oatmeal Cookies & Milk	Goldfish & Fruit	Leftover Fruit/Veg & Crackers
29 WW French Toast Fruit Milk	30 Oatmeal Fruit Milk	31 Quinoa & Raisins Fruit Milk	1 WG Cereal Fruit Milk	2 Misc. Toast/Cereal Fruit Milk
Veggie Spaghetti French Bread Fruit Milk	Green Chile Chicken Enchiladas Sauteed Zucchini Fruit Milk	Vegetable Fried Rice Tofu Fruit Milk	Meatloaf Mashed Potatoes French Bread Peas Fruit Milk	Bean & Cheese Tostadas Veggies Fruit Milk
Cream Cheese & Fruit Rollups	Pub Mix & Fruit	Rice Cakes & Sun Butter	Pretzels & String Cheese	Leftover Fruit/Veg & Crackers