

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bagels Fruit Milk	2 WG Cereal Fruit Milk	3 Toast Fruit Milk	4 Malt O' Meal Fruit Milk	5 Misc. Toast/Cereal Fruit Milk
Lentil & Veggie Soup WW Crackers Fruit Milk	Beef Fajitas Spanish Rice Fruit Milk	Lasagna Salad Garlic Bread Fruit Milk	Teriyaki Chicken Brown Rice Broccoli Fruit Milk	Bean & Cheese Burritos Veggies Fruit Milk
Trail Mix	Cheeze Itz & Fruit	Chex Mix & Fruit	Graham Crackers & Milk	Leftover Fruit/Veg & Crackers
8 Oatmeal Fruit Milk	9 WG Cereal Fruit Milk	10 Blueberry Bread Fruit Milk	11 Toast Fruit Milk	12 Misc. Toast/Cereal Fruit Milk
Cheesy Potato & Broccoli Soup Fruit Milk	Chicken Curry & Beans Green Beans Triscuits Fruit Milk	Veggie Frito Pie Corn Fruit Milk	Beef Stroganoff Carrots Fruit Milk	Pita Bread & Hummus Cheese Veggies Fruit Milk
Club Crackers & Fruit	Cheese-Itz & Fruit	Ritz & Milk	Pretzels & String Cheese	Leftover Fruit/Veg & Crackers
15 Croissants Fruit Milk	16 Waffles Fruit Milk	17 Hashbrown Casserole Fruit Milk	18 Raisin Bread Fruit Milk	19 Misc. Toast/Cereal Fruit Milk
Grilled Cheese & Tomato Soup French Bread Fruit Milk	Sloppy Joes Corn Fruit Milk	Greek Salad Black Beans Pita Bread Fruit Milk	Chicken, Broccoli & Brown Rice Bake Fruit Milk	Bean & Cheese Tostadas Garnish Fruit Milk
Ants on a Log	Granola Bars & Milk	Cinnamon Nachos & Yogurt	Pita Bread & Hummus	Leftover Fruit/Veg & Crackers
22 WW Toast Fruit Milk	23 Biscuits w Butter & Jam Fruit Milk	24 WG Cereal Fruit Milk	25 Cream of Wheat Fruit Milk	26 Misc. Toast/Cereal Fruit Milk
Baked Ziti Salad Fruit Milk	Beef & Broccoli Brown Rice Fruit Milk	Pesto Pasta Salad Cheese Cubes Fruit Milk	Green Chile Enchiladas Calabacitas Fruit Milk	Sun Butter & Jelly Sandwiches Veggies Fruit Milk
Apples & Sunbutter	Wheat Thins & Fruit	Sun Butter & Apples	Club Crackers & Fruit	Leftover Fruit/Veg & Crackers