



# SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
7. <b>Closed</b>	8. English Muffins Fruit Milk	9. WW Toast Fruit Milk	10. Waffles Fruit Milk	11. Misc. Toast/Cereal Fruit Milk
<b>Closed</b>	Shepherd's Pie Peas French bread Fruit Milk	Vegetarian Frito Pie Corn Fruit Milk	Teriyaki Chicken Brown Rice Broccoli Fruit Milk	Bean and Cheese Tostadas Veggies Fruit Milk
<b>Closed</b>	Trail Mix & Milk	Goldfish & Fruit	Graham Crackers & Milk	Leftover Fruit/Veg & Crackers
14. Oatmeal Fruit Milk	15. Croissants Fruit Milk	16. Yogurt and Granola Fruit Milk	17. Raisin Bread Fruit Milk	18. Misc. Toast/Cereal Fruit Milk
Mac & Cheese Broccoli Fruit Milk	Burrito Bowls w/ Brown Rice Sautéed Zucchini Fruit Milk	Veggie Spaghetti Garlic bread Fruit Milk	Green Chicken Enchiladas Calabacitas Fruit Milk	WW Turkey Salad Sandwiches Veggies Fruit Milk
Wheat Thins & Fruit	Granola Bars & Milk	String Cheese & Fruit	Rice Cakes & Sun Butter	Leftover Fruit/Veg & Crackers
21. Turkey Bacon and Cheese Sandwiches Fruit Milk	22. WG Cereal Fruit Milk	23. Breakfast Bake Fruit Milk	24. Malt o Meal Fruit Milk	25. Misc. Toast/Cereal Fruit Milk
Beans and Br. rice Cheese Carrots Fruit Milk	Chicken Caesar Salad Garlic bread Fruit Milk	Quinoa Salad Cheese Cubes Wheat Thins Fruit Milk	Beef & Veggie Fried Brown Rice Fruit Milk	WW Cheese Pizza Veggies Fruit Milk
Corn Bread & Milk	Cheese Itz & Fruit	Yogurt & Fruit Smoothies	Pub Mix & Fruit	Leftover fruit/Veg & Crackers
28. WW Pancakes Fruit Milk	29. WW Toast Fruit Milk	30. Sweet Br rice Fruit Milk	1. WG Cereal Fruit Milk	2. Misc. Toast/Cereal Fruit Milk
Cece's Soup Sautéed Zucchini Mozzarella Fruit Milk	Tilapia Brown Rice Salad Fruit Milk	Chili Beans Cheese Corn Bread Carrots Fruit Milk	Spaghetti w/ Meat Sauce Broccoli Fruit Milk	Bean and Cheese Burritos Veggies Fruit Milk
Pita Chips & Hummus	Chex Mix & Fruit	Animal Crackers & Milk	Ants on Log	Leftover fruit/Veg Crackers