



MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Croissants Fruit Milk	2 WG Cereal Fruit Milk	3 Quiche Fruit Milk	4 Misc. Toast/Cereal Fruit Milk
	WW Chicken Salad Sandwiches Baked Beans Bell Peppers Fruit Milk	Quesadillas Pinto Beans Cucumbers Fruit Milk	Beef & Veggie Stew WW Dinner Rolls Fruit Milk	WW Pesto Pasta Salad Mozzarella Cubes Cucumbers Fruit Milk
	Pita Chips & Hummus	Pub Mix & Fruit	Cucumbers & String Cheese	Leftover Fruit/Veg & Crackers
7 WW Pancakes Fruit Milk	8 Banana Bread Fruit Milk	9 Cream of Wheat Fruit Milk	10 Yogurt & Granola Fruit Milk	11 Misc. Toast/Cereal Fruit Milk
Lasagna Soup w/ Mozzarella Sautéed Zucchini Fruit Milk	Green Chicken Enchiladas Calabacitas Fruit Milk	Veggie Stir Fry Brown Rice Tofu Fruit Milk	Frito Pie Salad Salsa Fruit Milk	Mediterranean Chickpea Salad w/ Cous Cous WW Pita Bread Fruit Milk
Ants on a Log	Trail Mix & Fruit	Animal Crackers & Milk	Gold Fish & Fruit	Leftover Fruit/Veg & Crackers
14 Oatmeal Fruit Milk	15 WW Toast Fruit Milk	16 Bagels & Cream Cheese Fruit Milk	17 WG Cereal Fruit Milk	18 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Broccoli Fruit Milk	Chicken Caesar Salad Garlic Bread Fruit Milk	Quinoa Salad Wheat Thins Fruit Milk	WW Spaghetti w/ Meat Sauce & Parmesan Salad Fruit Milk	Bean & Cheese Tostadas Garnish Salsa Fruit Milk
Cheese-Itz & Fruit	Corn Bread & Milk	Pretzels & Fruit	Cinnamon Nachos & Apples	Leftover Fruit/Veg & Crackers
21 Turkey Bacon & Cheese Sandwiches Fruit Milk	22 Waffles Fruit Milk	23 Sweet Br. Rice Fruit Milk	24 WW Toast Fruit Milk	25 Misc. Toast/Cereal Fruit Milk
Lentil stew Carrots WW Toast Fruit Milk	Chicken Alfredo Broccoli Garlic Bread Fruit Milk	Red Calabacitas Enchiladas Black Beans Garnish Fruit Milk	Shepherd's Pie Green Beans Fruit Milk	WW Pizza Salad Fruit Milk
Apples & Sun Butter	Granola Bars & Milk	Bread Sticks & Marinara	Ritz w/ Cream Cheese & Strawberries	Leftover Fruit/Veg & Crackers
28 Smothered Hash Browns Fruit Milk	29 Raisin Bread Fruit Milk	30 WG Cereal Fruit Milk	31 English Muffins Fruit Milk	1 Misc. Toast/Cereal Fruit Milk
Red Pepper Tomato Soup WW Grilled Cheese Peas Fruit Milk	Burrito Bowls w/ Brown Rice & Beef Sautéed Zucchini Garnish Fruit Milk	Spinach Lasagna Salad Fruit Milk	Chicken Curry Baked Beans Green Beans Triscuits Fruit Milk	Turkey & Cheese WW Crackers Cucumbers Fruit Milk
Pub Mix & Fruit	Yogurt & Fruit Smoothies	Pita Chips & Hummus	WW Banana & Sun Butter Roll-Ups	Leftover Fruit/Veg & Crackers