



SEPTEMBER

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED	3 Cream of Wheat Fruit Milk	4 English Muffins Fruit Milk	5 WG Cereal Fruit Milk	6 Misc. Toast/Cereal Fruit Milk
CLOSED	Beef Tacos Spanish Rice Garnish Salsa Fruit Milk	Quinoa & Pinot Beans W/Cheese Carrots Fruit Milk	Chicken Alfredo Broccoli Fruit Milk	WW Sun Butter & Jelly Sandwiches Veggies Fruit Milk
CLOSED	Goldfish & Fruit	Graham Crackers & Milk	Pub Mix & Fruit	Leftover Fruit/Veg & Crackers
9 Quinoa Apples Milk	10 WG Cereal Fruit Milk	11 Yogurt & Granola Fruit Milk	12 WW Toast Fruit Milk	13 Misc. Toast/Cereal Fruit Milk
Bean & Cheese Burritos WW Tortillas Calabacitas Fruit Milk	Beef Stroganoff Peas Fruit Milk	Greek Salad Feta Pinto beans Pita Bread Fruit Milk	Chicken Curry Baked Beans Green Beans Triscuits Fruit Milk	WW Pizza Salad Fruit Milk
Ants on a Log	Cheese-Itz & Fruit	Pumpkin Bread & Milk	Cucumbers & String Cheese	Leftover Fruit/Veg & Crackers
16 WW Blueberry Bread Fruit Milk	17 Waffles Fruit Milk	18 Oatmeal Fruit Milk	19 WW Toast Fruit Milk	20 Misc. Toast/Cereal Fruit Milk
Veggie Linguine Mozzarella Cubes Fruit Milk	Tilapia Brown Rice Salad Fruit Milk	Red Chile Enchiladas Calabacitas Pinto Beans Fruit Milk	Beef & Mac Green Beans Garlic Bread Fruit Milk	Turkey & Cheese Wraps Veggie Chips Fruit Milk
Sun Butter & Rice Cakes	Ritz, Cream Cheese & Berries	Pretzels & Fruit	Animal Crackers & Milk	Leftover Fruit/Veg & Crackers
23 French Toast Fruit Milk	24 Bagels & Cream Cheese Fruit Milk	25 Waffles Fruit Milk	26 Biscuits & Gravy Fruit Milk	27 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Peas Fruit Milk	Chicken & Broccoli Bake w/ Brown Rice Fruit Milk	Baked Ziti w/ Spinach Salad Fruit Milk	Beef Stir Fry WW Noodles Fruit Milk	Turkey Salad Sandwiches WW Bread Veggies Fruit Milk
Club Crackers & Fruit	Granola & Milk	WW Sun Butter & Jelly Tortillas	Chex Mix & Fruit	Leftover Fruit/Veg & Crackers
30 WW Toast Fruit Milk	1 Croissants Fruit Milk	2 WG Cereal Fruit Milk	3 Quiche Fruit Milk	4 Misc. Toast/Cereal Fruit Milk
Veg. Chili Beans Cheese Carrots Corn Bread Fruit Milk	WW Chicken Salad Sandwiches Baked Beans Bell Peppers Fruit Milk	Quesadillas Pinto Beans Cucumbers Fruit Milk	Beef & Veggie Stew WW Dinner Rolls Fruit Milk	WW Pesto Pasta Salad Mozzarella Cubes Cucumbers Fruit Milk
Pita Chips & Hummus	Pub Mix & Fruit	Cheese-Itz & Fruit	Cucumbers & String Cheese	Leftover Fruit/Veg & Crackers