



JULY
MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WG Cereal Fruit Milk	2 WW Toast Fruit Milk	3 Misc. Toast/Cereal Fruit Milk	4 CLOSED	5 CLOSED
Black Beans & Br. Rice w/ Cheese Carrots Fruit Milk	Greek Salad Pinto Beans Pita Bread Feta Fruit Milk	WW Turkey & Cheese Sandwiches Veggies Chips Fruit Milk	CLOSED	CLOSED
Pita Chips Fruit	Animal Crackers & Milk	Leftover Fruit/Veg & Crackers	CLOSED	CLOSED
8 WW Pancakes Fruit Milk	9 WG Cereal Fruit Milk	10 Waffles Fruit Milk	11 WW Toast Fruit Milk	12 Misc. Toast/Cereal Fruit Milk
Mac & Cheese Peas Fruit Milk	Beef Tacos Spanish Rice Garnish & Salsa Fruit Milk	Veg. Quinoa Chili Cornbread Carrots Fruit Milk	Chicken Caesar Salad Parmesan French Bread Fruit Milk	WW Sun Butter & Jelly Sandwiches Veggies Fruit Milk
Rice Cakes & Sun Butter	Cucumbers & String Cheese	Pub Mix & Fruit	Goldfish & Fruit	Leftover Fruit/Veg & Crackers
15 WW Toast Fruit Milk	16 Croissants Fruit Milk	17 WG Cereal Fruit Milk	18 Bagels & Cr. Cheese Fruit Milk	19 Misc. Toast/Cereal Fruit Milk
Cece Soup Sautéed Zucchini Fruit Milk	Sloppy Joes WW Buns Sweet Potato Fries Fruit Milk	Baked Ziti Mixed Salad Fruit Milk	Chicken Curry Baked Beans Green Beans Triscuits Fruit Milk	Pesto Pasta Salad Mozzarella Cubes Cucumbers Fruit Milk
Cheese & Crackers	Fruit & Yogurt Smoothies	Graham Crackers & Milk	Cheese-Itz & Fruit	Leftover Fruit/Veg & Crackers
22 Turkey & Cheese Sandwiches Fruit Milk	23 WG Cereal Fruit Milk	24 WW Toast Fruit Milk	25 Yogurt & Granola Fruit Milk	26 Misc. Toast/Cereal Fruit Milk
Pad Thai with Tofu & Veggies Fruit Milk	Chicken Alfredo Broccoli Garlic Bread Fruit Milk	Red Cheese Enchiladas Pinto Beans Calabacitas Fruit Milk	Pakistani Keema Brown Rice Peas Fruit Milk	Mini Pizzas Mixed Salad Fruit Milk
Apples & Cheese	Homemade Granola Bars & Milk	Pita Chips & Hummus	Ritz, Cream Cheese & Berries	Leftover Fruit/Veg & Crackers
29 Oatmeal Fruit Milk	30 English Muffins Fruit Milk	31 Breakfast Bake Fruit Milk	1 WG Cereal Fruit Milk	2 Misc. Toast/Cereal Fruit Milk
Red Pepper & Tomato Soup WW Grilled Cheese Corn Fruit Milk	Sweet & Sour Chicken Brown rice Mixed Veggies Fruit Milk	Black Bean Salad Tostadas Corn Tortilla Scoops Cilantro Lime Rice Garnish Fruit Milk	Spaghetti w/ Meat Sauce Mixed Salad Garlic Bread Fruit Milk	Turkey & Cheese WW Wraps Veggies Fruit Milk
Pretzels & Fruit	Ants on a Log	Wheat Thins & Cheese	Banana & Sun Butter WW Roll-Ups	Leftover Fruit/Veg & Crackers