

La Puerta de los Niños



Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 English Muffins Fruit Milk	2 Cereal Fruit Milk	3 Waffles Fruit Milk	4 Biscuits w/ Jam Fruit Milk	5 Misc. Toast/Cereal Fruit Milk
Black Beans & Rice Cheese Cubes Carrots Fruit Milk	Shepherd's Pie Mixed Veggies WW Bread Fruit Milk	Cheese Enchiladas Pinto Beans Calabacitas Fruit Milk	Chicken Curry Salad Veg. Baked Beans Green Beans Triscuits Fruit Milk	WW Sunflower Butter & Jam Sandwiches Snap Peas Fruit Milk
Pretzels & Cheese	Pita Chips & Hummus	Goldfish & Fruit	Banana Bread & Milk	Leftover Fruit/Veg & Crackers
8 Yogurt & Granola Fruit Milk	9 Cereal Fruit Milk	10 WW Toast Fruit Milk	11 Cereal Fruit Milk	12 Misc. Toast/Cereal Fruit Milk
Cheese Quesadillas Pinto Beans Mixed Salad Fruit Milk	Beef & Peppers Brown Rice Saltines Fruit Milk	Spinach Lasagna Salad French Bread Fruit Milk	Chicken Club Pasta Salad w/ Veggies Cheese Cubes Fruit Milk	Hummus WW Pita Bread Cherry Tomatoes Cucumbers Fruit Milk
Wheat Thins & Cheese Sticks	Cornbread & Milk	Cheez-Its & Cucumbers	Garlic Knots & Marinara	Leftover Fruit/Veg & Crackers
15 WW Toast Fruit Milk	16 Cereal Fruit Milk	17 WW Pancakes Fruit Milk	18 Turkey & Cheese Sandwiches Fruit Milk	19 Misc. Toast/Cereal Fruit Milk
Cece Soup Sautéed Zucchini Fruit Milk	Chicken Alfredo Broccoli WW Bread Fruit Milk	Greek Salad WW Pita Bread Feta Cheese Pinto Beans Fruit Milk	Frito Pie w/ Corn Chips Salad Fruit Milk	Macaroni & Egg Salad Pickles Bell Peppers Fruit Milk
Trail Mix & Fruit	Ants on a Log With Craisins	Pinwheels & Berries	Triscuits & Cheese	Leftover Fruit/Veg & Crackers
22 Cereal Fruit Milk	23 Croissants w/ Jam Fruit Milk	24 English Muffins Fruit Milk	25 Spinach & Feta Breakfast Casserole Fruit Milk	26 Misc. Toast/Cereal Fruit Milk
Bean & Cheese Tostadas Salad Fruit Milk	Turkey Tarragon Soup w/ Brown Rice Carrots Fruit Milk	WW Pesto Pasta Salad w/ Veggies Parmesan Fruit Milk	Chicken & Veg Stir Fry Brown Rice Fruit Milk	WW Turkey & Cheese Sandwiches Veggies Chips Fruit Milk
Sunflower Butter Apple Nachos	Carrot Sticks & Hummus	Trail Mix Bites & Fruit	Saltines & Cheese	Leftover Fruit/Veg & Crackers
29 Turkey Bacon & Cheese Roll-Ups Fruit Milk	30 WW Cinnamon Toast Fruit Milk			
Fideos Calabacitas Pinto Beans Fruit Milk	Taco Salad w/ Beef & Cheese Corn Chips Salsa Fruit Milk			
Rice Cakes & Sunflower Butter	Ritz Crackers & Cheese			