

La Puerta de los Ninos Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Misc. Toast/Cereal Fruit Milk
				Egg Salad Triscuits Raw Veggies Fruit Milk
				Leftover Fruit/Veg & Crackers
4 WW Toast Fruit Milk	5 Cereal Fruit Milk	6 Turkey Bacon & Cream Cheese Roll-Ups Fruit & Milk	7 Yogurt & Granola Fruit Milk	8 Misc. Toast/Cereal Fruit Milk
Turkey Tarragon Soup Brown Rice Carrots Triscuits Fruit Milk	WW Spaghetti & Meat Sauce Mixed Salad French Bread Fruit Milk	Greek Salad Pinto Beans Feta Cheese WW Pita Bread Fruit Milk	Chicken Curry Salad Veg. Baked Beans Bell Peppers Triscuits Fruit Milk	Hummus WW Pita Bread Cherry Tomatos Cucumbers Fruit Milk
String Cheese & Cucumbers	Apples & Cheese	Yogurt & Fruit Smoothies	Banana Bread & Milk	Leftover Fruit/Veg & Crackers
11 Cereal Fruit Milk	12 Waffles Fruit Milk	13 English Muffins Fruit Milk	14 WW Cinnamon Toast Fruit Milk	15 Misc. Toast/Cereal Fruit Milk
Black Beans & Rice Cheese Cubes Calabacitas Fruit Milk	Chicken & Veg Stir Fry Brown Rice Fruit Milk	WW Pasta & Veg Salad Cucumbers Fruit Milk	Frito Pie Salad Salsa Fruit Milk	Sunflower Butter Sandwiches Cheese Cubes Snap Peas Fruit Milk
Animal Crackers & Milk	Sunflower Roll-Ups & Fruit	Ritz, Cream Cheese & Berries	Craisins on a Log	Leftover Fruit/Veg & Crackers
18 Raisin Toast Fruit Milk	19 Croissants & Jam Fruit Milk	20 Cereal Fruit Milk	21 Oatmeal Fruit Milk	22 Misc. Toast/Cereal Fruit Milk
Tomato & Pepper Soup Grilled Cheese Carrots Fruit Milk	Meat Loaf Mashed Potatoes Green Beans WW Bread Fruit Milk	Mac & Cheese Peas Fruit Milk	Tilapia Brown Rice Mixed Salad Fruit Milk	Turkey & Cheese Sandwiches Fresh Veggies Chips Fruit Milk
Apples & Sunflower Butter	Pretzels & Cheese	Trail Mix Bites & Fruit	Pub Mix & Fruit	Leftover Fruit/Veg & Crackers
25 Bagels & Cream Cheese Fruit Milk	26 Oatmeal Fruit Milk	27 WW Turkey Bacon & Cheese Sandwiches Fruit Milk	28 Cereal Fruit Milk	29 Misc. Toast/Cereal Fruit Milk
Bean & Cheese Tostadas Salad Fruit Milk	Sloppy Joes on WW Buns Corn Fruit Milk	WW Cheese Quesadillas Black Beans Calabacitas Fruit Milk	Turkey & Cheese Pinwheels Broccoli Fruit Milk	WW Mini Pizzas Salad Veggies Fruit Milk
Corn Bread & Milk	Berries & Cream Cheese Roll-Ups	Blueberry Muffins & Milk	Gold Fish & Fruit	Leftover Fruit/Veg & Crackers