

La Puerta de los Ninos

January Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2 Oatmeal Fruit Milk	3 WW Toast Fruit Milk	4 Misc. Toast/Cereal Fruit Milk
	CLOSED	Bean & Cheese Burrito Calabacitas Fruit Milk	Chicken Alfredo Broccoli Garlic Bread Fruit Milk	Sun Butter Sandwiches Cheese Cubes Tomatoes Fruit Milk
		Cornbread & Milk	Apples & Cheese	Leftover Veggies & Crackers
7 Cereal Fruit Milk	8 Waffles Fruit Milk	9 Bagels & Cr. Cheese Fruit Milk	10 Biscuits & Jam Fruit Milk	11 Misc. Toast/Cereal Fruit Milk
Cheese Quesadillas Pinto Beans Mixed Salad Fruit Milk	Shephard's Pie Carrots WW Rolls Fruit Milk	Black Beans & Br. Rice Cheese Cubes Green Beans Fruit Milk	Chicken Stir Fry w/ Br. Rice and Veggies Fruit Milk	Turkey & Cheese Sandwiches Cucumbers Chips Fruit Milk
Animal Crackers & Milk	Cheez-its & Fruit	Ritz w/ Cream Cheese & Strawberries	Pretzels & Cheese Cubes	Leftover Veggies & Crackers
14 Cereal Fruit Milk	15 Raisin Toast Fruit Milk	16 Yogurt & Granola Fruit Milk	17 WW Pancakes Fruit Milk	18 Misc. Toast/Cereal Fruit Milk
Rep Pepper & Tomato Soup Grilled Cheese Peas Fruit Milk	Meatloaf Green Beans Mashed Potatoes WW Rolls Fruit Milk	WW Lo Mein w/ Mixed Vegetables Fruit Milk	Chicken Curry Salad Veg. Baked Beans Cucumber Slices Triscuits Fruit Milk	Bean & Cheese Tostada Mixed Salad Salsa Fruit Milk
	Wheat Thins & Fruit	Pumpkin Bread & Milk	Apples & Sunflower Butter	Leftover Veggies & Crackers
21	22 Cereal Fruit Milk	23 Turkey & Chz. Sandwiches Fruit Milk	24 Sweet Rice Fruit Milk	25 Misc. Toast/Cereal Fruit Milk
CLOSED	Cheddar, Chicken, Broccoli & Br. Rice Carrots Fruit Milk	Cheese Enchiladas Pinto Beans Calabacitas Fruit Milk	Spaghetti w/Meat Sauce Mixed Salad Garlic Bread Fruit Milk	Hummus WW Pita Cheese Cubes Snap Peas Fruit Milk
	Fruit & Yogurt Smoothies	Trail Mix & Fruit	Pita Chips & Hummus	Leftover Veggies & Crackers
28 Toast Fruit Milk	29 Cereal Fruit Milk	30 Cream of Wheat Fruit Milk	31 Waffles Fruit Milk	
Cece Soup Sauteed Zucchini Fruit Milk	Frito Pie w/ Chili Beans & Cheese Garnish Fruit Milk	Spinach Lasagna Mixed Salad Garlic Bread Fruit Milk	Chicken & Rice Soup w/ Veggies Saltines Fruit Milk	
Pinwheels & Strawberries	Edamame & Rice Cakes	String Cheese & Cucumbers	Yogurt & Berries	